|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **WEEK** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | | **FRIDAY** | |
| 1 | Chicken sub & taco tub  Pasta arrabbiata (**V**)  Bottle of water  Fruit smoothie | Hot dogs, tomato sauce  Veggie dog (**V**)  Bottle of water  Fresh fruit tubs | Lasagne  Vegetable lasagne  Garlic cubes (**V**)  Cheese tubs  Bottle of water  Cracker & cheese | KS3 | KS4 | KS3 | KS4 |
| Chips (**V**)  Cheese tubs  Taco tubs | Sausage rolls  Chicken panini  Quorn panini (**V**) | Sausage rolls  Chicken panini  Quorn panini (**V**) | Chips (**V**)  Cheese tubs  Taco tubs |
| Bottle of water  Digestive pkt | | Bottle of water  Flakemeal biscuit | |
| 2 | Pasta carbonara  Chicken & cheese panini  Tomato panini (**V**)  Bottle of water  Digestive pkt | Chicken vol au vents  Vegetable vol au vents (**V**)  Ham & cheese wrap  Bottle of water  Fruit smoothie | Meatball sub  Quorn sub (**V**)  Potato wedges (**V**)  Taco tubs  Bottle of water  Jelly & cream | Chicken curry & rice  Vegetable curry & rice (**V**)  Chicken mayo baguette  Bottle of water  Crackers & cheese | | Ham & cheese/pineapple bagel  Cheese bagel (**V**)  Macaroni cheese(**V**)  Bottle water  Fresh fruit tub | |
| 3 | Hamburger tomato sauce  Veggie burger (**V**)  Chicken tikka panini  Bottle of water  Yoghurts | Pizza baguettes (**V**)  Pepperoni pizza  Savoury rice  Bottle of water  Shortbread biscuits | Pasta arrabiata (**V**)  Ham & cheese wrap  Tuna wrap(**V**)  Bottle of water  Fruit smoothie | KS3 | KS4 | KS3 | KS4 |
| Sausage rolls  Chicken panini  Quorn panini (**V**) | Chips (**V**)  Cheese tubs  Taco tubs | Chips (**V**)  Cheese tubs  Taco tubs | Sausage rolls  Chicken panini  Quorn panini (**V**) |
| Bottle of water  Fresh fruit tub | | Bottle of water  Flakemeal biscuit | |
| ***Variety of snacks at every bubble daily***  Selection of sandwiches (**V**)  Pasta tubs (**V**)  Digestive pkts  Fruit smoothies  Fresh fruit tubs  Tray bake  Cracker & cheese (**V**) | | | | **YEAR 13 & 14 – Canteens**  Salad bar open every day (**V**)  Chicken ciabatta with a choice of filling  Baked potatoes with a choice of fillings (**V**)  One hot dish from main menu daily  Soup n roll  Hot beverages  Variety of snacks | | | |

**Lunch bag** - ONE hot option +bottle water + snack on menu =£2.80. Items can be bought separately. (**V**) – VEGETARIAN option